## ONLINE BOOK DISCUSSION **GROUP "TRANSFORMING ADVERSITY INTO JOY AND COURAGE**"





## With Ven. Thubten Jampa & Julia Arkhipova



We are happy to announce that our Online Book Discussion Group, organized by Venerable Thubten Jampa from Germany and Julia Arkhipova from Ukraine, will have its first meeting on Zoom at 10:00 AM PST/ 7:00 PM (CET) on Sunday, 21 May 2023. The Discussion Group will meet every month, on the third Sunday, for a two-hour discussion session.

We will be reading and discussing the book Transforming Adversity into Joy and Courage: An Explanation of the Thirty-Seven Practices of Bodhisattvas by Geshe Jampa Tegchok (Author) and Venerable-Thubten Chodron (Editor).

What: Discussion & Meditation

Wann: First meeting on Sun, 21. Mai, 2023, von

19:00 bis 21:00 Uhr Where: Online

Registration: bookdiscussion108 (at) gmail

This event is free of charge. If you wish to make a donation, you can choose from any humanitarian projects funding relief efforts in Ukraine. **More Information** 

on our website:

